



## What is Saving Grace?

Saving Grace is a "Christ-centered, SAFE HARBOR offering acceptance, restoration and hope to young women of Northwest Arkansas, preparing them for interdependent living." Located in Rogers, Arkansas, we are all about helping young women (ages 17-24) in transition, specifically those aging out of foster care/group homes. We also serve the needs of young women facing homelessness and without a sustaining network of relationships.

## We are committed to . . .

- Providing an affordable & safe place to live where each resident will find acceptance and solace. The Saving Grace home mirrors dormitory style living, with both private & shared space, where residents can develop self-discipline & interpersonal skills.
- Offering local growth opportunities: Northwest Arkansas is rich with career and educational opportunities to help in the development of personal & marketable skills. We help each young woman identify these resources & utilize them in reaching her fullest potential.
- Helping residents develop supportive relationships: Saving Grace helps each resident develop friendships and lifelong connections with mentors where she will find acceptance, personal growth challenges, and sustainability for both now & in the future.
- Equipping young women with life skills they need to excel, not just survive: Each resident participates in weekly Life Skills classes taught by community members with skills & interests in various subjects.
- Encouraging citizenship opportunities and community involvement: In addition to the contributions that each resident makes to the Saving Grace house and community, she also makes a regular contribution to her community through volunteerism at a local non-profit and involvement in a local church or civic organization.
- Instilling courage to reconcile with past trauma or hurt: We strongly encourage each resident to participate in Christian-based counseling and/or a support group in order to confront personal hurts, take the time to grieve, and develop healthy coping skills. Through these supports she will be better equipped to face life's difficulties with strength, perseverance, and resiliency



## The Application Process

The average **length of time between application and move-in for more residents is approximately 2 weeks**. The reason for this is that the application process is really focused on getting to know you and your goals, your needs, and support system. In addition, our hope and goal is that you will walk away knowing what the expectations would be for you within the Saving Grace community.

## **STEPS WE TAKE** The steps involved in the application process include:

- Application & Review
- Tour
- Interview (preferably on-site)
- Information Gathering (reference checks, obtaining records, etc.)
- Communicating a Decision

The average length of time from application to move-in is approximately 2 weeks ADMISSION CRITERIA Applicants will need to meet the following criteria:

- Female
- Between the ages of 18-25 (unless emancipated at 17)
- Able to pass a clean drug screen/test
- Can manage mental health issues with medication and outpatient treatment
- Looking for long-term solutions instead of short-term fixes.

#### **REASONS FOR REFERRAL**

An individual may be referred to different agency or community support if one or more of the following is true:

- The individual does not meet the admissions criteria (see left)
- · She has dependent children that live with her
- The young woman is not ready to commit to the opportunities available to her at Saving Grace
- She is looking for emergency shelter only, such as in the event of domestic violence or other personal crisis.
- When an alternative housing option would be a better fit



### personal information

#### **Contact Info**

Name					Age	
Birthdate			SS#			
Phone						
Address						
City					Zip	
Physical Identifiers						
Height	\	Veight	Eye Cold	or	Hair Color	
Scars/Tattoos/Pie	rcings:					
Race (Optional):	White	Hispanic	Native American	Asian	African American	Other:
How did you learn al	bout Savi	ng Grace?				
Friend/Relative			Newspaper/TV/Media		Support Person	
Other (please de	escribe).					

## current living situation

#### Describe your current living situation over the last four months (Select all that apply)

Staying with friends	Staying with family	Shelter					
Own place	Jail or Prison	With spouse					
On the street	Foster care	Group home					
Hospital or Treatment Facility							
Other. Please describe:							

#### What has happened that has you considering a change in your living situation? \_\_\_\_\_

Are you currently or have you ever been placed into foster care? If yes, when and for how long? \_\_\_\_\_



#### resources

#### **Personal Resources**

What are some of your personal strengths? \_\_\_\_\_

Is there anyone in your life who could help you achieve your goals? If so, please describe: \_\_\_\_\_\_

### 

### education

Check Highest Edu	cation	GED	High School:	9	10	11	12	College:	1	2	3	4
	C	Other: _										
Do your future plan	is include c	omplet	ing any of the f	ollov	ving?	(pleas	e sele	ect all app	licabl	e)		
GED H	igh School	Voc	ational Training	(	College	e Degr	ee					
_earning disadvantages/disabilities:												
If applicable, what i	is your desi	red fiel	d of study?:									



# family history & relationships

### Please describe your relationship with ...

Father:
Mother:
Siblings:
Dependent Children/Extended Family:
Additional Support Persons:

## legal

Have you ever been arrested?	Yes	No	lf yes, foi	r what?
Did you do jail time for the offer	se?	Yes	No	If yes, when?
Are you currently incarcerated?		Yes	No	Projected release date?
Are you on probation or parole?		Yes	No	(If yes, please answers questions below)
Name of PO:			Pr	none #:
Have you been questioned or c	harged for	physic	cal violen	ce against another person? Yes No
Have you ever been or are you	currently a	issocia	ated with	a gang? Yes No

#### Substance Use/Abuse

Have you ever taken illegal drugs?	Yes	No	What have you used?:		
Have you been questioned or charged	with the	posse	ssion or sale of illegal drugs?	Yes	No
We require a drug screening to enter the	ne progra	ım. Do	o you think you would pass?	Yes	No



# employment history

Employer	City/State
Title/Position	Salary/Hourly
Supervisor	Phone
Dates of Employment	
If no longer employed, why did you leave?	
Employer	City/State
Title/Position	Salary/Hourly
Supervisor	Phone
Dates of Employment	
If no longer employed, why did you leave?	
Employer	City/State
Title/Position	Salary/Hourly
Supervisor	Phone
Dates of Employment	
If no longer employed, why did you leave?	

## health

#### **Mental Health**

Have you ever had counseling or any other form of therapeutic help?	Yes	No
If yes, when?		
Have you ever been treated for wanting to hurt yourself or others?	Yes	No
If yes, when?		
Have you been diagnosed with any form of mental illness/condition?	Yes	No
If yes, what?		



Ph	ysical Health									
	Are you taking regular medications (OTC or Prescription)? Yes No									
	If yes, please list drugs and what they are for:									
	Do you have any medical conditions that would be important for us to know about?									
	Do you think that you may be pregnant? Yes No (If yes, have you been tested?: Yes No									
De	ntal Health									
	When was your last dental exam?									
	Are you having any issues with your teeth right now? Yes No If yes, what?									

## references

List three references who are aware of your situation and could verify your need and willingness to work with the program at Saving Grace.

1	Name	Relationship
	Phone	Email
	How long has he/she known you?	
2	Name	Relationship
	Phone	Email
	How long has he/she known you?	
3	Name	Relationship
	Phone	Email
	How long has he/she known you?	



### comments

#### What would you like us to know or consider about you regarding your application to Saving Grace?

### signatures

I understand an application is not a guarantee of admission and Saving Grace determines applicant eligibility for admission and does not disclose rationale for denial of admission.

By signing below, I acknowledge and understand this application will be used to consider my eligibility to live at Saving Grace. If accepted, I will sign a conduct covenant, occupancy agreement, and other documents outlining the terms for living at Saving Grace to uphold my safety and the safety of the other residents. I understand my references will be contacted to verify the honesty of my statements. I also understand my eligibility will be based on the availability of the space in the home to assist me in my particular needs. Saving Grace will make a decision based on this application, my interview, and availability of space. If my statements are found to be falsely represented at any point or I have demonstrated an unwillingness to work within the expectations and terms of my admission, I may be exited from Saving Grace immediately. I also give permission for Saving Grace to request official documents, make professional inquiries, or complete background checks on me to verify the information I have given them.

Signature of Applicant	Printed Name	Date
Signature of Witness	Printed Name	Date
For Office Use OnlyDate of ApplicationAccepted for Move-In:Yes		:)
Notes		



# WHO AM I?

### Why are we asking for this information?

Each young woman who lives at Saving Grace is connected with three mentors of various ages. These women work together and come alongside each resident (or mentee) to help her reach her goals while at Saving Grace (and beyond). Because the mentor relationship is important, **we take mentor/mentee matching seriously**. We hope the following questions will help us match you with available mentors who have common interests, likes, and/or personalities.

### The details . . .

Name	Age	Birthday	
Phone	_ Email		
Clothing Sizes (for gifts): Tops	Bottoms	Shoes	
Three words that describe me are			
Something I wish people knew about me:			

### Finish the sentence . . .

Some of my hobbies & interests include	
I would really like to learn how to	
I am good at	
My favorite way to relax is	
My favorite way to spend a Saturday is	
I am most comfortable around people when _	
I would like to visit	

### My favorite ...

Song	Drink	Animal
Type of Food	Color	Candy
Snack	Movie	Toy Growing Up
Other. Please describe:		